

# Canoe Trip Packing Information

## Weekend Fall/Spring Trips

What you need to bring. Remember you must carry everything you bring. Pack Light.  
For the bus ride please wear what you are planning on wearing at night around the campsite.

### Clothing

- 3 pairs of Socks
- 2 pairs of Shoes (athletic type, one pair that can get wet)
- 2 T-Shirts
- 1 Long sleeved shirt
- 1 Sweater/Fleece/Sweatshirt
- 1 Windproof Rain Jacket
- 1 Hat
- 2 pairs of Shorts (quick drying, no jeans)
- 1 pair of Pants (no jeans)
- Swimsuit
- 2-3 pairs Underwear

- Water Bottle
- Sunscreen
- Toothbrush
- Toothpaste (may share with group)

### Optional Items

- 1 pair Gloves/Mittens
- Toque
- Sleeping pad
- Camera
- Paper/Pen
- Sunglasses
- Small towel
- Small flashlight
- Insect repellent
- Plastic bags

### Equipment

- Sleeping Bag

### Waterproofing

All clothing and equipment needs to be waterproofed. To do this, place items in a garbage bag (no grocery store bags), remove all air from bag, twist top of bag and knot bag, and then place in second garbage bag, twist and knot. It is recommended that you place one extra garbage bag in with your gear incase one of the bags gets a hole in it. When undoing the bag, carefully twist bag again and undo knot. (DO NOT TEAR BAG OPEN)

### Camp Kitchen

The Outdoor Club will provide kitchen supplies (pot, frying pan, plates, bowls, spoons, cutlery, ladle, spatula, paring knife) and some ingredients (oil, salt and pepper, standard spices like chili powder and curry powder).

### NOTE

Please do not bring anything on the trip that is not on this list. Remember that what you bring you have to carry. Please do not bring anything that has a scent, deodorant, makeup, soaps or similar items, as these types of items will attract unwanted animals to your campsite. If you have questions please ask your trip leader.